

Charles H. Dater Foundation awards 30 Grants in February, including Cincinnati Therapeutic Riding and Horsemanship

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MILFORD, Ohio – The Charles H. Dater Foundation awarded 30 grants totaling \$1,385,000 in February 2021, including a \$20,000 award to Cincinnati Therapeutic Riding and Horsemanship in support of youth participants of adaptive recreational riding and hippotherapy.

Adaptive recreational riding is offered in six eight-week sessions February – December annually. Lessons are taught in a group setting of two to five riders. A PATH, International certified instructor leads the class, and each rider is partnered with a volunteer horse leader and up to two volunteer side walkers. Riders, five years and older, are impacted by varying types and degrees of disabilities.

Hippotherapy is occupational/physical therapy utilizing equine movement. OT and PT professionals use evidence-based practice and clinical reasoning in the purposeful manipulation of equine movement as a therapy tool to engage sensory, neuromotor and cognitive systems to promote functional outcomes. Hippotherapy is integrated into the client's plan of care, along with other therapy tools and/or strategies.

CTRH understands the need for hope and empowerment. From adaptive recreational riding, to hippotherapy and miniature horse outreach, among others, therapies and programs ensure that clients have the same opportunities as their non-disabled peers.

A horse's soothing rhythm, strength, warmth and three-dimensional movement pattern provide healthy exercise while improving social interactions, raising self-esteem and increasing self-sufficiency through accomplishment. The unconditional love of a horse has proven to reduce anxiety, encourage interaction and offer a haven where participants can feel a sense of empowerment and independence.

As our clients celebrate their unique triumphs and milestones, we are reminded of those that make it possible – our partners and investors, like The Charles H. Dater Foundation, Inc.

About Cincinnati Therapeutic Riding and Horsemanship (CTRH):

Cincinnati Therapeutic Riding and Horsemanship is committed to improving the lives of individuals impacted by disabilities and unique challenges through equine assisted activities and therapies. Founded in 1985, CTRH serves more than 7,500 individuals annually through adaptive recreational riding, hippotherapy, miniature horse therapy outreach and other programs. For more information, visit ctrhequinetherapy.org.

About The Charles H. Dater Foundation, Inc.:

The Charles H. Dater Foundation was founded in 1985 and makes grants to non-profit organizations in the Greater Cincinnati area to carry out projects that benefit young people and focus in the areas of arts/culture, education, healthcare, social services and other community needs. The Foundation does not operate programs, but makes grants to private, non-profit organizations and public agencies for their programs and projects.

The Foundation has made over 3,200 grants totaling more than \$54 million. Established to ensure that funding for worthwhile community programs would continue after his death, the Foundation preserves the memory and philanthropic commitment of Charles H. Dater (1912-1993) and his ancestors, whose hard work and business acumen over four generations provided them with the opportunity to share their success with their community. The Foundation has no full time staff and is guided by an active Board of Directors which meets monthly.

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